



BUDDHIST VIHARA OF QUEENSLAND

*Let the Dhamma guide us*



Without Sickness among the Sick

*We who are healthy live  
happily midst the unhealthy,  
among unhealthy humans  
from ill-health dwell we free.*

*Explanation:*

Among those sick, afflicted by defilements,  
we, who are not so afflicted, live happily.  
Among the sick, we live,  
Un-afflicted, in extreme happiness.

[Dhammapada Verse 198.](#)

Dear Vihara Patrons

The Vihara committee wishes to bring to your attention a number of measures that have been put into place at the Vihara in order to reduce risks to both the Monks and visitors during these uncertain times.

1. **Worshipping** – Please note the following changes to worshipping at Vihara until further notice;
  - a. **As instructed by the government the Vihara will not operate as place of worship until further notice.**
  - b. **Religious observances** at the outdoor Buddha statue, Stupa and Bo Tree will not be permitted until further notice.
2. **Blessings and Pirith chanting** –
  - a. The Monks led by Ven Sugathasara Thero will be chanting the Rathana Sutta daily at the Vihara to invoke blessings to the entire Australian community.
  - b. The usual practice of providing Blessings and Pirith chanting to Dayakas at the Vihara will not be conducted at the Vihara until further notice.
  - c. The Vihara is making special arrangements to bring the **Blessings of the Buddha Dhamma and Pirith chanting by Ven Sugathasara Thero via a video link** to your home. More information will be provided next week.
  - d. **Monks Visiting Dayaka Homes** – The monks will not be visiting dayaka homes until further notice. Please make use of the video link to bring the blessings of the Dhamma to your homes.
3. **Monks Residences** - The upper and lower monk residences have been placed as out of bounds for all visitors in order to maintain a safe environment for the Monks. Please do not enter either of the residences.
4. **Dana special arrangements** - When bringing Dana which you have committed to the Monk's upper residence please observe the following steps for the safety of all parties;



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- a. **Dana to be left on the table outside the roller door of the upper residence. See sign.** Call the Vihara and inform that you have done so and the monks will take the Dana inside. There will be no religious observances practiced with the Dayakas.
  - b. **Please wash your hands** at the sink at the back of the upper residence before touching common Vihara property.
  - c. **Should anyone in your home be in quarantine or showing signs of illness** please refrain from bringing Dana, call the Vihara and inform as early as possible so that alternative Dhana can be arranged.
  - d. **Please use the outside sink to wash your hands.**
5. **Restrictions to Gatherings –**
- a. At all times please follow the latest **government directions** on social gatherings which can be found at the following link;  
<https://www.health.gov.au/resources/publications/coronavirus-covid-19-information-on-social-distancing>
6. **Supporting the elderly –** In circumstances where the elderly Vihara community are unable to get about and in need of support for daily activities such as picking up medicine from pharmacy, essential shopping, etc the Vihara has arranged for a support network. Please contact Uditha Manage Mob 0402143051 who will arrange the needed assistance.
7. **Monk's health –** All the resident Monk's health matters are being carefully handled by Dr Sudheera Edrisinghe. Should any Vihara member have any particular concerns regarding health matters during these difficult times please contact Dr Sudheera Edrisinghe Mob 0449557149 or Vice President Nalin Nettikumara Mob 0436388455. to share your concern.
8. **Additional information on the present health crisis can be found at the following links**  
<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/take-action/coronavirus-prevention>  
<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-advice-for-public-gatherings-and-visits-to-vulnerable-groups>

*May the Triple Gem Bless you All*

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